

# Parish of St. Mary's

Mostrim



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*Fifth Sunday in Ordinary Time - 8<sup>th</sup> Feb 2026*

## This Weekend

7.00 p.m.

February 7<sup>th</sup> / February 8<sup>th</sup>

1. Bridget and Christy Ross (Anniv).
2. Michael Greene, and deceased members of the Greene Family, Devine Crescent and St Patrick's Terrace and Terry Ellis.
3. Ciara Conefrey (8<sup>th</sup> Anniv).
4. Harry Burke (2<sup>nd</sup> Anniv).

11.00 a.m.

1. Mary Rooney, Ballymahon Road.
2. Thomas Leonard (1<sup>st</sup> Anniv).

**Weekday Masses @ 11.00 a.m. - Our Lady's Manor**

**Wed 11<sup>th</sup> Feb** People of the Parish.

**Next Weekend: February 14<sup>th</sup> / February 15<sup>th</sup>**

7.00 p.m.

Sean, Lisa and Ellen Cullen.

11.00 a.m.

Rose Coyle (Month's Mind).

**Offertory Collection:** Sat 31<sup>st</sup> January / Sun 1<sup>st</sup> February - €1,285  
- sincere thanks.

## Sunday Scriptures

**First Reading** - The prophet, speaking in God's name, promises the people that if they show concern for others especially the poor then their light will break forth like the dawn.

**Second Reading** - Paul tells the Corinthians that when he brought them the message of the Gospel he didn't rely on his own cleverness but on the power of God.

**Gospel** - Christ tells his disciples that they must let the light of their good deeds shine for all to see, yet let God have all the glory.

**SUNDAY REFLECTION** - We can easily see how Jesus should be the light of the world. Even though the words are familiar, we are perhaps unaccustomed to reflecting on ourselves as the light of the world and salt of the earth. This is an act of profound trust in us by God. Jesus has faith in us to be bearers of his Good News in our time. How are we to be that? Not first by our words or even by our deeds. We are the light and salt on account of who we are as disciples. As the Gospel text puts it, a city built on a hilltop cannot be hidden. We cannot help being seen as his disciples, for that is who we are.

### • Thought for the Day •

In a world where the poor are increasingly numerous, we paradoxically see the growth of a wealthy elite, living in a bubble of comfort and luxury, almost in another world compared to ordinary people. This means that a culture still persists - sometimes well disguised - that discards others without even realizing it and tolerates with indifference that millions of people die of hunger or survive in conditions unfit for human beings. A few years ago, the photo of a lifeless child lying on a Mediterranean beach caused an uproar; unfortunately, apart from some momentary outcry, similar events are becoming increasingly irrelevant and seen as marginal news items.

- Fr Tom Healy -

## International Day of Prayer and Awareness against Human

### Trafficking

Seven ways to pray about human trafficking

1. Pray for every-one who has been trafficked
2. Pray for poten-tial victims
3. Pray for legislators
4. Pray for those who enforce the law
5. Pray for perpetrators
6. Pray for justice
7. Pray that vic-tims might be able to rebuild their lives

### • Prayer for an end to Human Trafficking •

O God, when we hear of children and adults deceived and taken to unknown places for purposes of sexual exploitation, forced labor, and organ 'harvesting' our hearts are saddened and our spirits angry that their dignity and rights are ignored through threats, lies, and force. We cry out against the evil practice of this modern slavery and pray with St Bakhita for it to end. Give us wisdom and courage to reach out and stand with those whose bodies, hearts and spirits have been so wounded, so that together we may make real your promises to fill these sisters and brothers with a love that is tender and good. Send the exploiters away empty-handed to be converted from this wickedness and help us all to claim the freedom that is your gift to your children. Amen. Aptireland.org

**EUCCHARISTIC ADORATION** - Parish Holy Hour in Our Lady's Manor on Saturdays from 9.45 a.m. to 10.45 a.m.

The diocese is currently hoping to promote, expand and consolidate Eucharistic Adoration. A meeting regarding this will take place in the Octagonal Room, St Mel's Cathedral on Thurs 26<sup>th</sup> Feb next @ 7.30 p.m. Our parish will be represented. Should anyone wish to come along you will be most welcome. See posters on church noticeboards for further details.



**PARISH PILGRIMAGE** - The parish pilgrimage to the Poor Clare Sisters in Drumshanbo last Saturday was attended by approx. 40 people. We encountered warm hospitality and a very inspiring prayerful atmosphere as we joined this contemplative order for some prayer time. All returned home somehow renewed in spirit and with stillness in their hearts. The Poor Clares have a very alternative vocation - devoting their lives to the ministry of praying for the world. They maintain an open door to receive people and accept prayer requests. May God bless them in their noble vocations.

**TROCAIRE** - We have received acknowledgement from TROCAIRE for the funds donated through the Christmas Gift campaign in our parish which amounted to €502. Thank you for your kind generosity.

### A little humour:

- Q. Who was the greatest financier in the Bible?  
A. Noah - he was floating his stock while everyone else was in liquidation.  
Q. How do we know Peter was a rich fisherman?  
A. By his net income.  
Q. What animal did Noah find it difficult to trust?  
A. The cheetah.

### READERS OF THE WORD OF GOD - FEBRUARY

**Saturday 7.00p.m.:** Ijeoma Eze-Ejikeme.

**Sunday 11.00 a.m.:** Kate O'Donohue.

### MINISTERS OF THE EUCHARIST - FEBRUARY

**Saturday 7.00p.m.:** Catherine Tracey, Sandra Durkan.

**Sunday 11.00 a.m.:** Mathew Family.

*Please arrange a substitute if you cannot be present.*

### WEBCAM

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