

# ST. MARY'S, RATHOWEN & ST. MARY'S, BOHERQUILL

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## WEEKDAY MASSES

### Tuesday

Boherquill – 9.30 am

### Ash Wednesday

Boherquill – 9.30am/Rathowen 7pm

### Thursday

Rathowen – 9.30am. Adoration 10-10.30am

### Friday

Boherquill – 8pm. Adoration 7 – 8pm.



## 6 TIPS FOR LENT.

So you want to make Lent count this year, determined to make it count, here are 6 tips that may help you have a fruitful and meaningful Lent. Make a specific plan, set a realistic and concrete goal, nothing vague. The best place to start is to commit to 20 minutes of prayer each day the rosary, silent prayer...Move beyond giving up sweets why not give up a luxury eg, television, social media drink. If you wish to deepen your love of scripture dedicate some time to reading the Gospels, from start to finish or some of some of the prophets. Giving time to charity and care of the needy is at the very heart of the Lenten call. And lastly make time to reflect on your need for confession and find time to go to the sacrament of reconciliation .

## WHAT THE SAINTS SAY 'THE POOR'

(After selling his copy of the Gospels and giving the money to the poor)" I have sold the book that told me to sell all that I have and give to the poor" (Serapion)

"Whoever curses a poor man does an injury to Christ, whose noble image he wears-the image of Him who made Himself poor in this world." ( Saint Francis of Assisi)

"Love knows that among the poor, there are people who shine like the sun, cleansed by their endurance and the grievous ills they have endured". ( Simon the insane)

## WORLD HEADLINES

1: Senior catholic leaders call for presidential apology in wake of racist social media post. 2: Vatican again OKs archbishop Fulton Sheen's beatification after 2019 ceremony was derailed at the last minute. 3 Meet the muslim theologian who teaches catholic missionaries. 4: Bulgarian christians pray for Bees and bless honey on the feast of saint Haralamb 5: Pope Leo warns Madrid priests that faith can be either instrumentalized or relegated amid political uncertainties. 6: The story of a 4 year old whose faith lead to the lowering of the age for first holy communion. 7: Bishops in Philippines warn human trafficking remains 'significant problem in their 8: Over 40 parishioners in South Africa archdiocese face excommunication after disruptive disturbances. 9: Growing persecution of christians prompts call for European union envoy on religious freedom.

## TROCAIRE BOXES.

The annual Trocaire boxes to be taken to your home for the season of Lent are available in both churches, we encourage everyone to take one with them and use it during the 40 days

## WEEKEND MASSES 14th/15th

Sat 14th: Michael Rainsford

Sun 15th: Mary Lambden DFM + Dardis Family  
Deirdre Mcardle.

## WEEKEND MASSES 21st/22nd

Sat 21st Rita Geraghty, Murphy & Geraghty families

Sun 22nd: Joan Tormney 1st Anniv, Gunning/Tormey.  
John Joe & Bridget Lynch, and DFM.

## A LITTLE THEOLOGY FASTING

The church has always seen the value and virtue of fasting along with prayer is is deemed an essential tool for spiritual growth and discipline, designed to foster interior conversion, as well as detachment from worldly pleasures, and deepening one's relationship with God. Fasting accompanied with care for the poor is meant to humble oneself before God, express sorrow for sins, making a space for God to work in a person's life. Fasting without prayer is just dieting, prayer provides the strength to fast, True fasting provides spiritual benefits, we master our desires, conquering sinful habits and temper the will, we learn to truly depend on God in all things, freeing us from any sense of pride and self importances.

## MEDJUGORJE PILGRIMAGE

The annual pilgrimage to the Marian shrine of Medjugorje is set for the 14th Oct to the 21st, flights departing from Knock, arriving in Most. Total cost for the pilgrimage is 915 Euros, to include flights, accommodation, breakfast and dinner, taxes & transfers, this is based on PP sharing, Fathers PJ Huges and Jormon will act as spiritual directors. For more information or to reserve a place on the pilgrimage contact Jerry Nally on 0874309098. A booking deposit is required to insure a place.

## ASH WEDNESDAY

Lent begins this coming Wednesday, Feb the 18th , mass on the day will be offered at 9,30am in Boherquill and 7pm in Rathowen the blessed ashes will be distributed at both masses.

## 7.30AM MASS EACH WEDNESDAY.

Mass will be offered each Wednesday for the season of lent,from the 25th of Feb, the location will alternate each week. The first mass will be in Rathowen, moving to Boherquill the following week. Ect. The normal 9.30am mass will continue as usual in lent

OFFERTORY COLLECTION. Rathowen 303 Thank  
Streete 220 You

Ash  
Wednesday

